

Roll for the Soul workshop menu



Here are our prices for some common workshop jobs. Just because it isn't on this list doesn't mean we don't do it. Whatever it is, please ask. We'd like to help.

We do our best to stick to these prices, but sometimes a job turns out to be more difficult than anticipated and we need to add a little for labour to cover the extra time. This is charged at £40 per hour. We'll check with you before doing the extra work or supplying any extra parts so that you can say no if you want.

Service Packages

- Setup service** **£40** (plus parts)
Check, set and tune brakes and gears; lubricate chain and derailleurs; check and inflate tyres; light wheel true; hubs, headset and bottom bracket adjusted as necessary; full bolt safety check.
- Setup service with cables** **£65** (plus any parts other than cables)
As for setup service plus all new Shimano brake and gear cables included in price
- Drivetrain service** **£60** (plus parts)
As for setup service with addition of complete clean of the drivetrain plus a frame wipe down
- Drivetrain service with cables** **£80** (plus any parts other than cables)
As for drivetrain service, plus all new Shimano brake and gear cables included in price
- Full service** **£95** (plus any parts other than cables)
As for drivetrain service, but with addition of complete clean and re-grease of hubs, headset, and bottom bracket, plus all new Shimano cables
- Complete overhaul** **from £120**
Strip and rebuild with new cables, including a thorough clean of frame, bearings and parts as required

Maintenance tuition

- Tailored teaching session** **£40** per hour
We teach up to three people (sharing the cost) at a time and can cover whatever you're interested in learning about. Sessions are hands-on and you'll need to bring your own bike on which to work. We provide all tools. Please get in touch to talk about your requirements.

Systems Services

Cable brake service £15 (plus parts)
Front and rear brakes set; new pads/cables fitted as necessary

Hydraulic brake servicing (per caliper)

Bleed £20
Clean and lubricate pistons £5

Gear service £15 (plus parts)
Front and rear derailleurs and shifters set; new cables fitted as necessary.

Bearing servicing (new bearings included in prices, unless cartridge bearings)

Hubs £20 per wheel
Bottom bracket £20
Headset £20

Hub gear servicing from £30 (depending on make and model)
Complete strip, clean and re-grease. New parts fitted as necessary at additional cost.

Wheel servicing

Spoke and true from £10 (plus £1 per spoke)
Re-rim from £30
Complete build £35 (standard pattern with 36 spokes or fewer)

Parts fitting

Puncture repair (including new inner tube) from £13 (more for hub gear / drum brake wheels)

Fit mudguards £15

Fit rack £5-10

Remove and install new bar tape £10

Chainring replacement £10

Fit new derailleur hanger £10

Straighten derailleur hanger £10

Remove and fit new bottom bracket from £15

Minimum labour charge for any job £5

Frame and fork preparation

Chase bottom bracket threads £10

Face bottom bracket £10

Cut steerer tube to length £5

Chase thread on steerer tube £10

Other stuff

Full bike builds from £100, but have a chat with us

Clean and polish frame and fork from £10

Workshop opening hours:

Mon-Fri 9am – 5.30pm
Sat 10am – 5.30pm
Sun closed

The café's open later than the workshop, so let us know if you'd like to drop off or collect a bike later in the evening and we can arrange for a member of café staff to help you.

Workshop phone: 07596 917 963

Workshop email: workshop@rollforthesoul.org