

Roll for the Soul

• FOOD MENU •

DIETARY REQUIREMENTS

Consult the key below and discuss your requirements with staff prior to ordering. Thanks!

V Vegan

VO Vegan option available

G Contains gluten
M Contains milk
SO Contains soya
S Contains sulphites
MU Contains mustard

P Contains peanuts
SE Contains sesame
N Contains nuts
and/or seeds

BREAKFAST

MUESLI £3,50

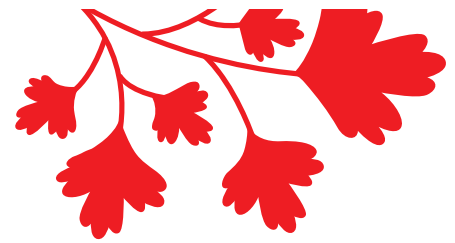
Essential muesli with dairy or soya milk, served with yoghurt or fresh fruit **VO G N S**

TOAST AND TOPPINGS £2,00

Granary toast with butter, jam, marmalade, honey, peanut butter or marmite **VO G**

PASTRIES £1,30

Freshly baked pastries **G**



For all dietary requirements, please refer to the back of the menu.

FAVOURITES

(Served from 12.00pm)

KHOBEZ WRAPS

Hearty Middle Eastern wraps served with hoummous, crunchy salad and your choice of sauces

FALAFEL WRAP £5,50 take away / £6,00 eat in

Crunchy homemade falafels **V N G MU SE**

HALLOUMI WRAP £5,50 take away / £6,00 eat in

Pan-fried halloumi **M N G MU SE**

ROAST VEG WRAP £5,50 take away / £6,00 eat in

Seasonal roasted veg **V N G MU SE**

FEAST WRAP £7,50 take away / £8,00 eat in

Falafel, halloumi and roast veg **M N G MU SE**

ADD : £2 for chips

TORTILLA WRAPS

QUESADILLA £5,50

Toasted tortilla with grated cheddar and roast veg, served with a side salad **M N G MU**

BEAN AND CHEESE WRAP £3,50 take away / £4,00 eat in

Snack wrap with mixed bean salad and grated cheddar **M G N SE**

HOUMMOUS SALAD WRAP £3,50 take away / £4,00 eat in

Snack wrap with homemade hoummous and crunchy salad **V N G MU SE**

NO BULL BURGER

Served with fresh salad in a granary roll

SOUL BURGER £4,50 take away / £5,00 eat in

Roasted aubergine and black eye bean with sage and oregano.

Served with homemade relish. **V N G MU SO**

ADD : £2 for chips, 50p for cheese, £1 for halloumi

PLATTERS

SALAD PLATTER £6,00

A generous selection of our daily salads with hoummous and olives **V N G MU SE**

MEZZE £7,00

With falafels and toasted flatbread **V N G MU SE**

HALLOUMI PLATTER £7,00

With pan-fried halloumi **M N G MU SE**

ROAST VEG PLATTER £7,00

With seasonal roast veg **V N G MU SE**

FEAST PLATTER £8,50

With falafels, halloumi, roast veg and flatbread **M N G MU SE**

SIDE ORDERS

(Served from 12.00pm)

DOUBLE-FRIED HANDCUT CHIPS £2,50

Served with your choice of sauces **V**

TORTILLA CHIPS AND HOUMMOUS £3,00

Organic tortilla chips with homemade hoummous **V G SE**

MINI MEZZE £3,00

Toasted khobez flatbread with hoummous and olives **V G SE**

SIDE SALAD £4,00

Choice of three of our daily salads **V N G MU**

SOUPS, MAINS AND SPECIALS

We offer a range of soups and specials which change daily. Please see the specials board or ask staff for details.

CAKES AND DESSERTS

Delicious cakes and desserts are available on the counter. We also serve a range of ice creams – vegan options available.

