

Roll for the Soul workshop menu, June 2014



Here's what we charge for some common workshop jobs. Just because it isn't on this list doesn't mean we don't do it. Whatever it is, please ask. We want to help.

We do our very best to stick to these prices, but sometimes a job turns out to be a right pig and we need to add a little extra for labour to cover the extra time. This is charged at £35 per hour. We'll call you before doing the extra work or supplying any extra parts so that you can say no if you want.

We'd like everyone who rides a bike to understand a bit about how it works and be able to look after it. So if you're interested, we try to show you what we're doing and explain why. If it's really busy this isn't always possible, but you can often grab a cuppa and chat to a mechanic.

Service Packages

- Setup service** **£35** (plus parts)
Check, set and tune brakes and gears; clean and lubricate chain; check and inflate tyres; light wheel true; hubs, headset and bottom bracket adjusted as necessary; full bolt safety check.
- Full service** **£80** (plus parts)
As for setup service, but with addition of complete clean and re-grease of hubs, headset, and bottom bracket.
- Complete overhaul** from **£100**
Strip and rebuild, including a thorough clean of frame, bearings and parts as required.

Systems Services

- Cable brake service** **£15** (plus parts)
Front and rear brakes set; new pads/cables fitted as necessary
- Hydraulic brake servicing (per caliper)**
- Bleed* **£20**
 - Clean and lubricate pistons* **£5**
- Gear service** **£15** (plus parts)
Front and rear derailleurs and shifters set; new cables fitted as necessary.

Bearing servicing

<i>Hubs</i>	£20 per wheel
<i>Bottom bracket</i>	£20
<i>Headset</i>	£20

Hub gear servicing

from **£30** (depending on make and model)
Complete strip, clean and re-grease. New parts fitted as necessary at additional cost.

Wheel servicing

<i>Spoke and true</i>	from £10 (plus £1 per spoke)
<i>Re-rim</i>	from £20
<i>Complete build</i>	£30 (standard pattern with 36 spokes or fewer)

Parts fitting

From **£5** to **£15** depending on complexity.

Frame and fork preparation

<i>Chase bottom bracket threads</i>	£10
<i>Face bottom bracket</i>	£10
<i>Ream and face head tube</i>	£15
<i>Cut steerer tube to length</i>	£5
<i>Chase thread on steerer tube</i>	£10
<i>Ream and face crown</i>	£10

Other stuff

Full bike builds	from £80 , but have a chat with us
Clean and polish frame and fork	from £10 (no poo please!)

Workshop opening hours:

Tues-Fri	9am – 5.30pm
Sat	10am – 5.30pm
Sun-Mon	closed

The café's open later than the workshop, so let us know if you'd like to drop off or collect a bike later in the evening and we can arrange for a member of café staff to help you. Same applies to Sundays.

Workshop phone: 07596 917 963

Workshop email: workshop@rollforthesoul.org